

牙材力就是你的超能力




牙材力教練
林茂雄 阿雄哥

工欲善其事 必先利其器
牙材力全面提升 讓臨床事半功倍
您的笑容咀嚼力 我們一起來努力

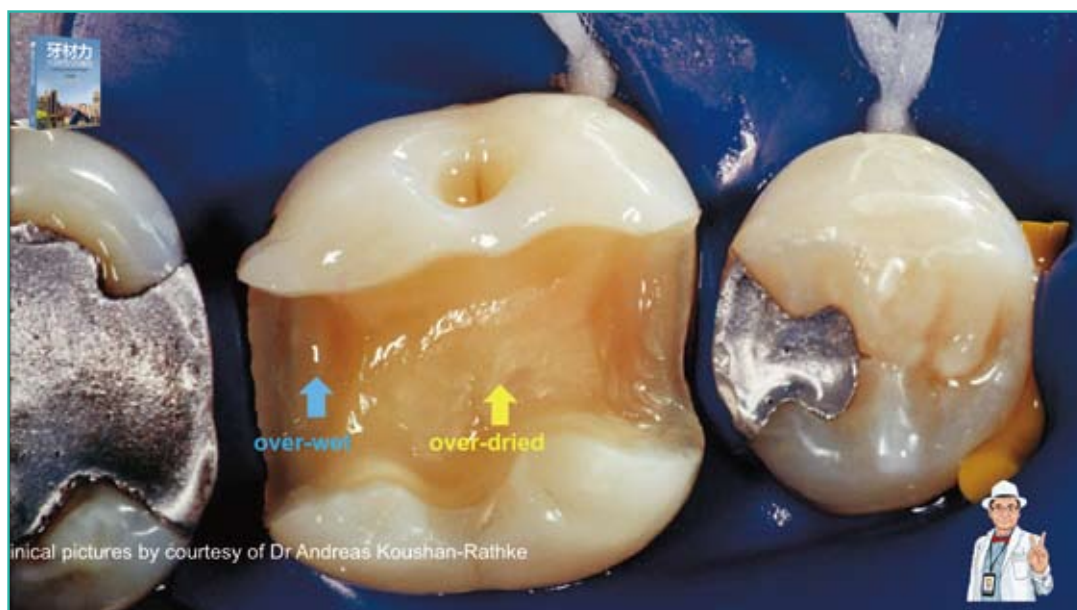
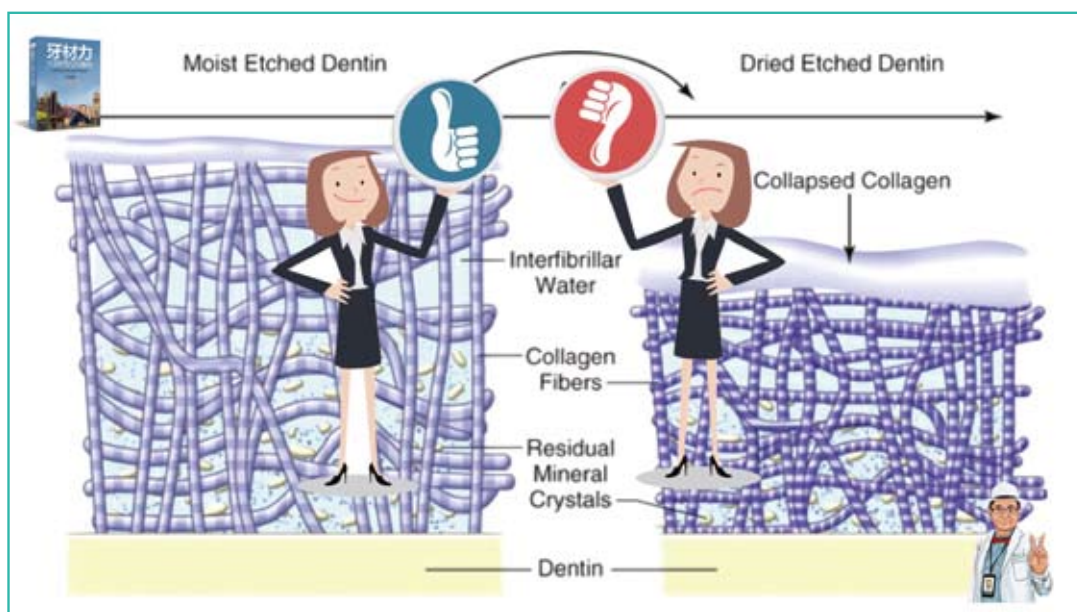
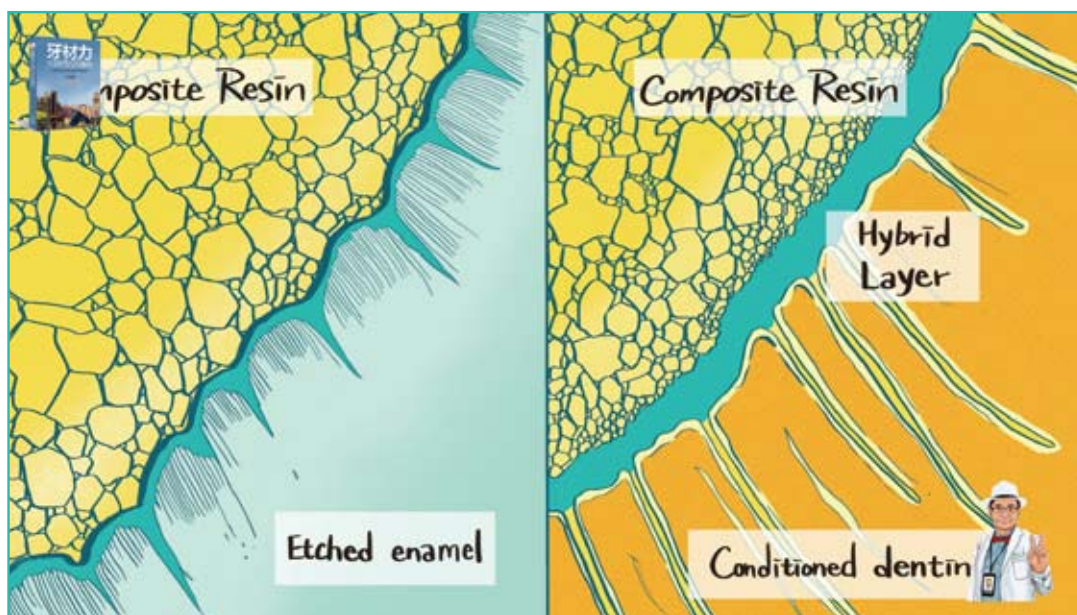
臺北醫學大學牙醫學系畢業
美國密西根大學牙科材料學研究所牙醫碩士
臺北醫學大學口腔醫學院臨床助理教授
台灣牙體復形學會專科醫師
峰茂牙醫診所執業牙醫師





Restoration	Longevity Estimate
Large Class II Composite	5-6 years
Complete Denture	5-10 years
IPS e.max Three-Unit Anterior FPD	8-12 years
Removable Partial Denture	4-15 years
Small Class II Composite	8-12 years
IPS e.max Full Crown	8-15 years
Zirconia Three-Unit FPD	10-15 years
Zirconia Full-Strength Crown	10-15 years
Large Class II Amalgam	8-12 years
Three-Unit PFM	10-15 years
Full Porcelain-Fused-to-Metal (PFM) Crown	15-20 years
Small Class II Amalgam	20+ years
Full-Gold Crown	20+ years
Gold Onlay (all cusps)	20+ years





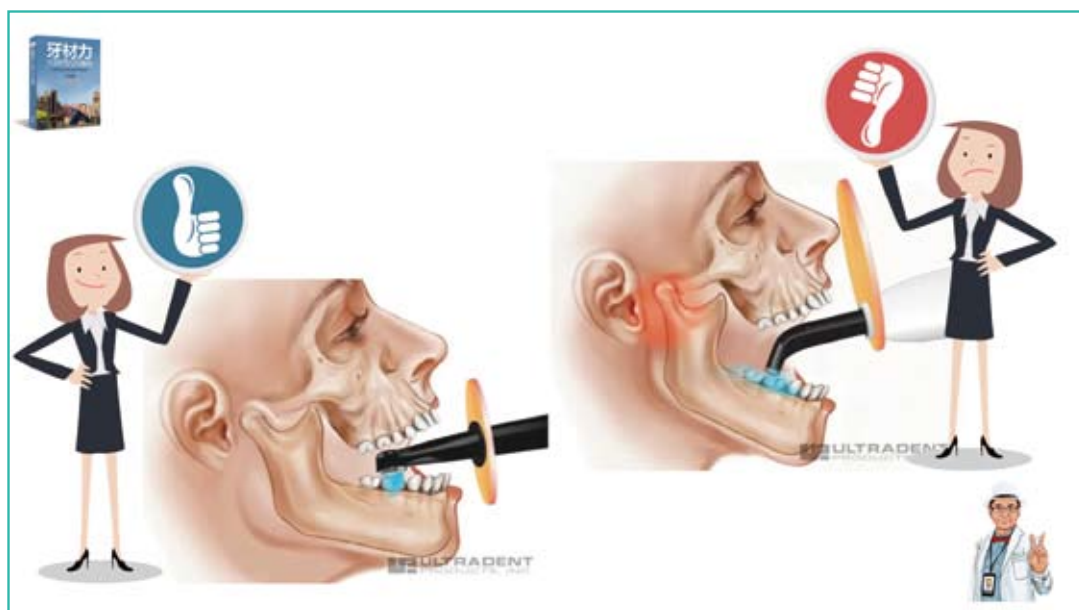
clinical pictures by courtesy of Dr Andreas Koushan-Rathke



Product	Manufacturer	Indicated for all etching modes (Total-, Self-, and Selective-etch)	Separate dual-cure activator required (with dual-cure materials)	Primes Silica- and Zirconia-based ceramic and metal restorations	Clinical Rating
Single Bond Universal Adhesive	3M	Yes	Yes***	Yes	98%
iBond Universal	Kulzer	Yes	No	Yes**	98%
CLEARFIL Universal Bond Quick	Kuraray Noritake	Yes	Yes	Yes	98%
All-Bond Universal	BISCO	Yes	No	Yes*	96%
G-Premio BOND	GC	Yes	Yes	No	96%
Futurabond U	VOCO	Yes	No	Yes	96%
Adhese Universal	Ivoclar Vivadent	Yes	No	Monobond Plus recommended	93%
OptiBond eXTRA	Kerr Restoratives	Yes	Yes	Yes	Not tested

* Separate primer not required if bonding agent is light-cured
 ** Use of ceramic primer is recommended for silica-based ceramics
 *** Dual-Cured Activator is not required if adhesive is paired with resin cement from same manufacturer

Product	Tokuyama Dental	3M ESPE	GC	Voco	Bisco	Kuraray Noritake Dental	Dentaply	Ivoclar Vivadent	Heraeus Kulzer	
TOKUYAMA UNIVERSAL BOND		Single Bond Universal Adhesive	G-Premio BOND	Futurabond U	All-Bond Universal	Clearfil Universal Bond	Prime & Bond Elect	Xeno Select	Adhese Universal	iBond Universal
Total-etch, Self-etch, Selective-etch	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Compatible with all light-curing, dual-curing or self-curing composites	✓	△*1	⊖*2	✓	✓	△*6	△*3	⊖	✓	✓
Direct restorations	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Indirect restorations	✓	△*1	△*3	✓	✓	△*6	△*3	⊖	✓	✓
Intraoral Repair	✓	✓	△*4	✓	△*4	✓*7	△*4	⊖	△*8	△*4
Primer for prosthesis	✓	△*1	⊖	⊖	✓*5	△*6	⊖	⊖	⊖	⊖



Evolution and Classification of Composites

The most common classification system for resin composites considers the distribution and average particle size of the composite filler. The first composites, macrofill, were highly filled (70-75% by weight) and contained large particle sizes ($>1 \mu\text{m}$) making them prone to plucking, resulting in excessive wear. As a result, the composites introduced thereafter all contained smaller filler particles and can be classified into 4 main categories: **Macrofill, microfill, microhybrids, and nanohybrids.**

Macrofill $>1 \mu\text{m}$	Microfill $0.02 - 0.04 \mu\text{m}$	Microhybrid $0.4 - 1.0 \mu\text{m}$	Nanohybrid $0.01 - 0.10 \mu\text{m}$
1960s	1980s	1990s	2000-present

Palodent V3

Palodent 360



ioRinse RTU: An Effective Pre-treatment Rinse

Gordon's Clinical Observations: Recent research has reported significant quantities of SARS-CoV-2 virus in the oral cavity and saliva. Over the past months you have seen many mouthrinse promotions claiming various levels of deactivation of this virus. Unfortunately, the claims are based solely on clean laboratory tests that ignore the challenges presented by oral cavity secretions which can neutralize many antiseptics. The information below reports on the performance of a patented iodine antiseptic in controlled testing in the presence of fresh human whole saliva that validates virus inactivation under more realistic conditions.

OTRAC Mouth rinsing is a widely accepted practice for antiseptic, therapeutic, and cosmetic purposes. Now in the midst of COVID-19, mouth rinsing to inactivate the causative virus within the oral cavity is paramount in the minds of both dental clinicians and the general public. Many mouthrinse products have been suggested based on intuition, empirical evidence, or lab tests that make no attempt to replicate the complex oral environment challenges. In the oral cavity, many components in saliva interfere with a formulation's kill potential (very high numbers of a wide variety of microbes, complex proteins, debris from soft tissues and food, etc.). **Clinical information on ioRinse RTU used as a pre-treatment rinse is contained on pages 2 and 3.**




Figure 1. ioRinse RTU (Ready-To-Use) is a 100 ppm molecular iodine rinse available in two flavors: Mint-Apple (left) and Cinnamon Burst (right).



How does the performance of ioRINSE RTU compare to other products suggested for Covid-19 pre-treatment rinsing?

Major Active Ingredient	60-Second Log ₁₀ Reduction NO SALIVA PRESENT	60-Second Log ₁₀ Reduction SALIVA PRESENT
0.01% (100ppm) molecular iodine	5.75	5.25
3.8% "foaming" hydrogen peroxide	≥3.35	Not Tested
0.2% povidone iodine	3.0	Not Tested
0.12% chlorhexidine gluconate	1.0	Not Tested
1.5% hydrogen peroxide	<1.0	Not Tested


■ "Log₁₀ reduction" is a mathematical term showing the relative number of live microbes eliminated. In this case, the larger the number, the better the antiseptic kill.










Type	Strength *	Esthetics	Multiple Units
Gold Alloy	High	Poor	Yes
Lithium Disilicate	Moderate	Excellent	Anterior only
PFM	High	Excellent-Good	Yes
Class 5 Zirconia	High	Fair-Good	Yes
Class 4 Zirconia	Moderate	Good	Anterior
Zirconia-base (layered)	Moderate	Good-Excellent	Yes

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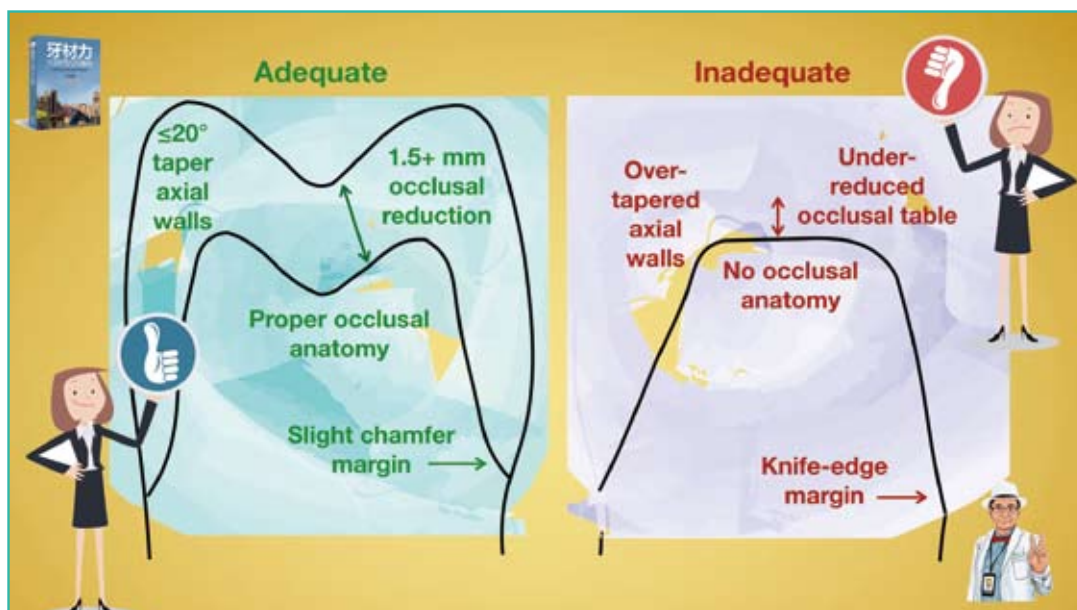
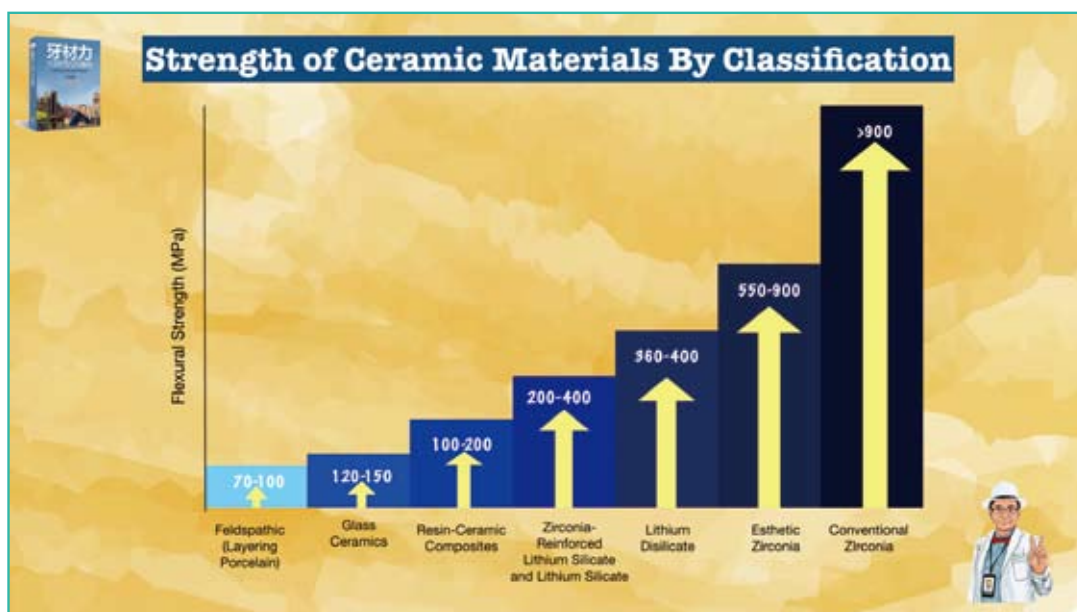



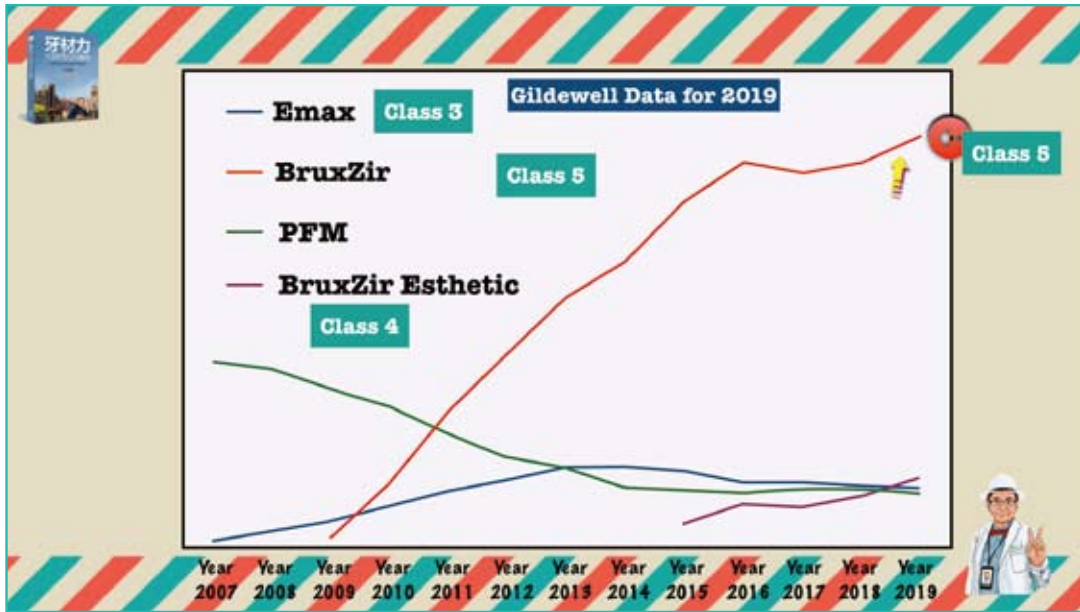
Type	Long-Term Research	Wear on Opposing Teeth	Failure to Date	Expected Longevity
Gold Alloy	Yes	Slight	Vey-Low	Long
Lithium Disilicate	Moderate	Slight	Low	Long
PFM	Yes	Slight-Moderate	Low	Long
Class 5 Zirconia	Yes	Slight	Low	Long
Class 4 Zirconia	Moderate	Unknown	Moderate for Y7	Unknown
Zirconia-base (layered)	Moderate to Yes	Slight-Moderate	Moderate	Unknown



International terminology	Feldspathic Porcelains	Leucite Glass-Ceramics	Lithium Disilicate High Strength Glass Ceramics	Cubic Containing Zirconia	Tetragonal Zirconia
Classes of Ceramics	Class 1 	Class 2 	Class 3 	Class 4 "4Y & 5Y" Zirconia 	Class 5 "5Y" Zirconia
International Agreed Upon Strengths to Expect in Each Class	Flexural strength: < 100 MPa Fracture Toughness: < 1.0	Flexural strength: > 100 MPa Fracture Toughness: > 1.0	Flexural strength: > 300 MPa Fracture Toughness: > 2	Flexural strength: > 500 MPa Fracture Toughness: > 3.5	Flexural strength: > 800 MPa Fracture Toughness: > 5
Suggested Appropriate Clinical Uses	Veneering Ceramics	Single Unit Anterior or Posterior Adhesively Cemented	Single Unit Anterior or Posterior	Single Unit Anterior or Posterior	4 or More Units Anterior or Posterior

International ISO 6872 Specification on Ceramic Classification shown in chart form. For FDA registration, companies must present data to be either a Class 4 or Class 5 zirconia. (Chart adapted from Morris G. Esthetic Ceramic Restorations using ADA Approved ISO Standards. J Den 2018; 22-24.)



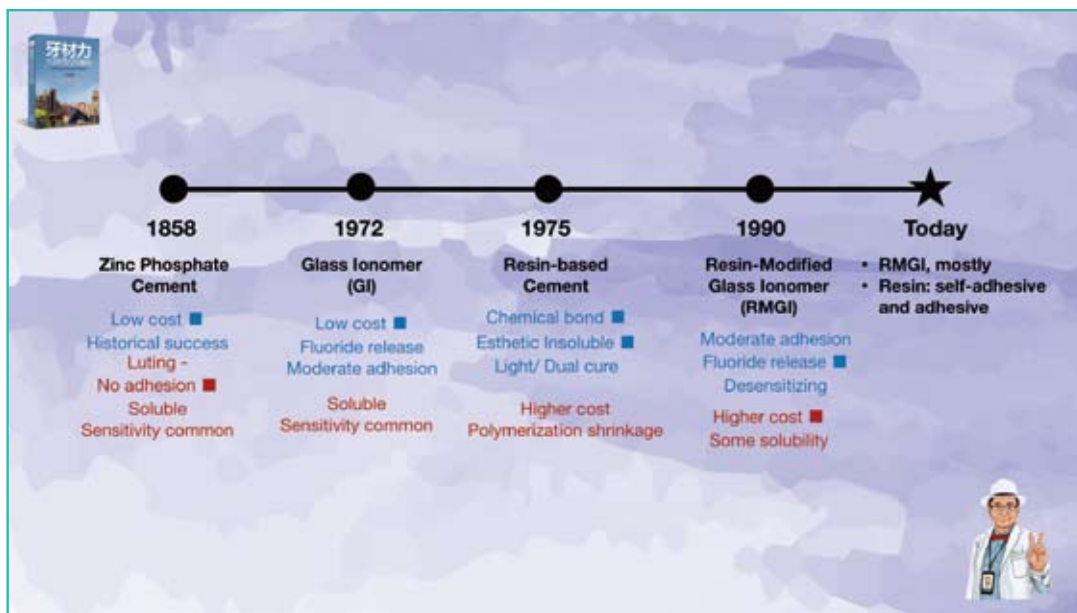


結論

患者應被告知，有些新的材料缺少長期研究
 患者應參與材料的選擇
 最被證實的材料：

- metal
- PFM
- full-strength zirconia
- lithium disilicate





Evolution of Resin Cements

Are we moving towards universal?

RMGI CEMENT SELF-ADHESIVE RESIN CEMENT ADHESIVE RESIN CEMENT ESTHETIC RESIN CEMENT

RMGI優點


- 不敏感
- 不溶於唾液
- 氟釋出，制齲齒性
- 與牙齒構造化學性黏著
- 熱膨脹係數與牙齒構造類似
- 相當容易使用
- 足夠的強度（大多數症例）



RMGI 缺點




- 待完全固化後，清除多餘材料困難
- 顏色匹配具挑戰性
- 拆卸牙冠困難
- 吸濕性膨脹 (**hygroscopic expansion**)，黏合根柱禁忌







RESIN CEMENT 優點

1. 高強度
2. 黏合快速容易 (光固化或雙固化)
3. 顏色與牙齒匹配
4. 好的耐磨度 (由於咬合或口衛步驟暴露邊緣)
5. 幾乎不溶於口液裡

RESIN CEMENT 缺點

1. 固化後，過多的材料清除困難
2. 沒有制齶齒性
3. 牙冠將來要拆除時會遭遇困難
4. 有些黏合步驟會造成術後敏感，甚至牙髓壞死
5. 如果備牙的機械性固位不佳，初期仍然會有復形體脫落



Resin with separate self-etching primer (Adhesive)



ESTECEN Plus by Tokuyama Dental

Resin with separate self-etching primer (Adhesive)

Resin cements can be classified into 3 categories

	Self-adhesives	Adhesive resins	Esthetic resins
Etchant for teeth	None	Self-etch, Total-etch	Self-etch, Total-etch
Polymerization mode	Dual-cure	Dual-cure	Dual-cure, Light-cure
Bond strength	Low-medium	Medium-high	High
Multiple esthetic shades with try-in pastes			✓




When bonding ceramic restorations with a resin cement, chemical surface Treatment offer the highest bond strength.

Zirconia (i.e.BruxZir)

STEP 1: Sandblast with 50-um alumina

STEP 2: Primer not required if prep is retentive; use a ceramic primer to ensure a better bond





When bonding ceramic restorations with a resin cement, chemical surface Treatment offer the highest bond strength.

Silica-based glass ceramics (i.e.IPS e.max)

STEP 1: Apply hydrofluoric acid to intaglio surface (performed by your lab unless milling in office)

STEP 2: Apply silane primer

